



SLC Activity Calendar

MARCH 2026 Hours Mon.—Fri. 9am-5pm



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00am Coloring Conversation 9:00 am Billiard's / Cards/Domino 9:30 am Senior walking Club 11:00am Reading W/ Linda 1:00 pm <i>Chair exercise</i> 3:30 pm Dr. Nate Taekwondo</p>	<p>3</p> <p>9:00am Knitting / Crocheting 10:00 am <i>"WANDA Fitness Class"</i> 10:00am Inspirational Choir 11:00 am Reading w/Linda 1:00pm BINGO/ Quilting / Sewing 3pm <i>"Ms. Denise Griggs Genealogy"</i></p>	<p>4</p> <p>9:00 am Coloring /Conversation 10 am <i>"Senior Skip Day"</i> 10:00am <i>Spanish Class</i> 11:00am Power hour w/ MR.CLEVE 1:00 pm <i>Line Dancing</i> 2:00pm <i>Danny's Art Class</i></p>	<p>5</p> <p>9:00 am Coloring /Conversation/ Knitting 9:00 am Billiards/Domino's 10:00am <i>"Rec Chair Volley Ball"</i> 11:00am Mr. Ratliff's Reading Class 1:00pm <i>"BINGO"</i> 2 pm <i>Cooking Well w/ Diabetes Class</i> 3:00 pm <i>"Fitness with Wanda"</i></p>	<p>6</p> <p>9:00 am Cards/Domino's/Billiards 10:00 am SLC FREE SWIM 11:00am POWER HOUR W/COE 1:00 pm <i>Swing Dance W/Ray</i> 1:00 pm <i>"MOVIES"</i> 3:00pm <i>"CHAIR VOLLEY BALL"</i></p>
<p>9</p> <p>9:00am Coloring Conversation 9:00 am Billiard's / Cards/Domino 9:30 am Senior walking Club 11:00am Reading Club W 1:00 pm <i>Chair exercise</i> 3:30 pm Dr. Nate Taekwondo</p>	<p>10</p> <p>9:00am Knitting / Crocheting 10:00 am <i>"WANDA Fitness Class"</i> 10:00am Inspirational Choir 11:00 am Reading w/Linda 1:00pm BINGO/ Quilting / Sewing 1:00pm Billiards/Cards/Domino's</p>	<p>11</p> <p>9:00 am Coloring /Conversation 10:00am <i>Spanish Class</i> 11:00am Power hour W/ MR.CLEVE 1:00 pm <i>Line Dancing</i> 2:00pm <i>Danny's Art Class</i> 3:30 pm <i>"Senior Pickle ball"</i></p>	<p>12</p> <p>9:00 am Coloring /Conversation/Knitting 10:00am <i>"Rec Chair Volley Ball"</i> 11:00am Mr. Ratliff's Reading Class 1:00pm <i>"BINGO"</i> 2:00pm <i>"CHAIR VOLLEY BALL"</i> 2 pm <i>Cooking Well w/ Diabetes Class</i> 3:00 pm <i>"Fitness with Wanda"</i></p>	<p>13</p> <p>"Lancaster University" SLC Center Closed</p>
<p>16</p> <p>9:00am Coloring Conversation 9:00 am Billiard's / Cards/Domino 9:30 am Senior walking Club 11:00am Reading W/ Linda 1:00 pm <i>Chair exercise</i> 3:30 pm Dr. Nate Taekwondo</p>	<p>17</p> <p>9:00am <i>" DRESS IN GREEN ST PATTIE"</i> 10:00 am <i>"WANDA Fitness Class"</i> 10:00am Inspirational Choir 11:00am Reading W/Linda 1:00pm BINGO/ Quilting / Sewing 3pm <i>"Ms. Denise Griggs Genealogy"</i></p>	<p>18</p> <p>9:00 am Coloring /Conversation 10:00am <i>Spanish Class</i> 11:00am Power hour w/ MR.CLEVE 1:00 pm <i>Line Dancing</i> 2:00pm <i>Danny's Art Class</i> 3:30 pm <i>"Senior Pickle ball"</i></p>	<p>19</p> <p>9:00 am Coloring /Conversation/Knitting 10:00am <i>"Rec Chair Volley Ball"</i> 11:00am Mr. Ratliff's Reading Class 1:00pm <i>"BINGO"</i> 2:00pm <i>"CHAIR VOLLEY BALL"</i> 2 pm <i>Cooking Well w/ Diabetes Class</i> 3:00 pm <i>"Fitness with Wanda"</i></p>	<p>20</p> <p>9:00 am Coloring/Conversation 10:00 am SLC FREE SWIM 11:00am POWER HOUR W/COE 1:00 pm <i>Swing Dance W/Ray</i> 1:00 pm <i>"MOVIES"</i> 3:00pm <i>"CHAIR VOLLEY BALL"</i></p>
<p>23</p> <p>9:00am Coloring Conversation 9:00 am Billiard's / Cards/Domino 9:30 am Senior walking Club 11:00am Reading Club W 1:00 pm <i>Chair exercise</i> 3:30 pm Dr. Nate Taekwondo</p>	<p>24</p> <p>9:00am Knitting/Crocheting 10:00 am <i>"WANDA Fitness Class"</i> 10:00am Inspirational Choir 11:00 am Reading w/Linda 1:00pm BINGO/ Quilting / Sewing 1:00pm Billiards/Cards/Domino's</p>	<p>25</p> <p>9:00 am Coloring /Conversation 10:00am <i>Spanish Class</i> 11:00am Power hour w/ MR.CLEVE 12:00 pm <i>"Legacy of Life B-Day's"</i> 1:00 pm <i>Line Dancing</i> 2:00pm <i>Danny's Art Class</i> 3:30 pm <i>"Senior Pickle ball"</i></p>	<p>26</p> <p>9:00 am Coloring /Conversation/Knitting 10:00am <i>"Rec Chair Volley Ball"</i> 11:00am Mr. Ratliff's Reading Class 1:00pm <i>"BINGO"</i> 2:00pm <i>"CHAIR VOLLEY BALL"</i> 2 pm <i>Cooking Well w/ Diabetes Class</i> 3:00 pm <i>"Fitness with Wanda"</i></p>	<p>27</p> <p>9:00 am Coloring/Conversation 9:00 am Cards/Domino's/Billiards 10:00 am SLC FREE SWIM 11:00am POWER HOUR W/COE 1:00 pm <i>Swing Dance W/Ray</i> 1:00 pm <i>"Movies"</i></p>
<p>29</p> <p>9:00am Coloring Conversation 9:00 am Billiard's / Cards/Domino 9:30 am Senior walking Club 11:00am Reading W/ Linda 1:00 pm <i>Chair exercise</i> 2:00pm FREE STYLE DANCE</p>	<p>30</p> <p>9:00am Knitting/Crocheting 10:00 am <i>"WANDA Fitness Class"</i> 10:00am Inspirational Choir 11:00 am Reading w/Linda 1:00pm BINGO/ Quilting / Sewing 1:00pm Billiards/Cards/Domino's</p>	<p>31</p> <p>9:00 am Coloring /Conversation 10:00 am Senior Outing Walmart RED OAK 10:00am <i>Spanish Class</i> 11:00am Power hour w/ MR.CLEVE 1:00 pm <i>Line Dancing</i> 2:00pm <i>Danny's Art Class</i> 3:30 pm <i>"Senior Pickle ball"</i></p>	<p>Membership fee \$3 per year for residents Please ask about our free lunches for member 60 yrs and up for Dallas Co. residents. Meals served at 12:00pm</p> <p>Lancaster Senior Life Center 240 Veterans Memorial parkway 972-218-3780</p>	<p>Meet who's at the SLC! Doors open 9am to 5pm Mon.-Fri. Ask about our free meal program ,Meals offered</p>