



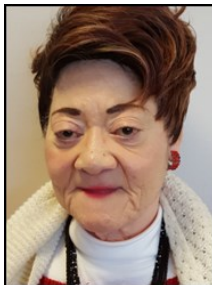
Jerry Diffenderfer, President  
Senior Senate Board  
Senior LIFE Center



Lee Murphy, Vice President  
Senior Senate Board  
Senior LIFE Center



Sally Moore, Secretary  
Senior Senate Board  
Senior LIFE Center



Gloria Russell, Treasurer  
Senior Senate Board  
Senior LIFE Center



Norma Chambers  
Community Liaison  
Senior Senate Board  
Senior LIFE Center



Quality of Life and Cultural Services  
Senior LIFE Center

“Adding Living  
to LIFE!”



Serving SENIORS

CITY OF Lancaster TEXAS



240 Veterans Memorial Parkway  
Lancaster Community Park, Lancaster, Texas 75134

Monday through Friday, 9:00 a.m. to 5:00 p.m.  
Phone: 972-218-3780; Fax: 972-218-3694

Tea Walker, Senior Life Center Supervisor  
Diana Wortham, Recreation Attendant  
Clifford Armstead, Transportation Provider

SENIOR CITIZEN  
RESOURCE GUIDE  
Congregate Meal Program



Lancaster Resident, \$3.00 Annually  
Non-Resident, \$5.00 Annually



[www.lancaster-tx.com](http://www.lancaster-tx.com)



### Dallas Area Agency on Aging Older Americans Act Program

The City of Lancaster has contracted with the Dallas Area Agency on Aging, County of Dallas, State of Texas, to receive Older Americans Act funding for the Congregate Meal Program. The term of the contract begin on October 1, 2016 and will end on September 30, 2017.

The Dallas Area Agency on Aging (DAAA) is the department under the umbrella of the Community Council of Greater Dallas, responsible for planning, advocating, coordinating resources, and providing services for seniors (persons 60+) and their caregivers in the Dallas County area.

It is part of a national network administered by the Federal Administration on Aging and funded under the Older Americans Act. The Act provides for grants to states, area agencies, and local agencies to ensure the needs of seniors are met through the provision of nutrition and other community services. Funds are passed through the Texas Health and Human Services, the state's aging organization responsible for contract compliance.



### Congregate Meal Program

This program is offered Monday through Friday, ensures a daily nutritious meal for Senior participants ages 60 years of age and older.

It is **FREE** and Senior participants do not have to be a member of the Lancaster Senior **LIFE** Center in order to participate.

Senior participants ages 50-59, can purchase the nutritious meal for a fee of \$5.73. Senior participants must complete an intake form and nutrition assessment *prior* to participating in the Congregate Meal Program.

This program is sponsored in part by the Dallas Area Agency on Aging "DAAA" and the Texas Department of Aging and Disability Services.



### Senior Senate Board Nutrition Site Council

The Senior Senate Board, also known as, the Nutrition Site Council, **recommends** a financial contribution to the Congregate Meal Program of \$1.00. Two Senior Senate Board members will be responsible for counting and verifying the senior contributions or program income, which is collected.

The Senior Senate is an advisory body, which functions as an advisory council for the Senior membership and participants of the Senior Life Center. The Senior Senate's main functions are to provide input regarding activities, the Congregate Meal Program and support of the Senior **LIFE** Center Supervisor.

The Senior Senate will represent and speak for the membership and participants, and assist with the development of the Congregate Meal Program. This includes assisting with the implementation of the suggested voluntary meal contribution, which is currently \$1.00. All contributions are strictly confidential.

See Senior Senate Board Members, and their respective positions, listed in this bulletin.